



Woolton High School PE Policy 2019-20

Aims and objectives:

Physical education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. At Woolton High School we will encourage pupils to develop the personal qualities of commitment, enthusiasm and a sense of fair play. The sports that we promote during the academic year includes, Football, Trampolining, handball, Basketball, tag rugby, Badminton, short tennis Health Related Fitness, Athletics, Striking and Fielding.

Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Thus, we enable them to make informed choices about physical activity throughout their lives.

The aims of PE are:

- ✚ To provide pupils with the opportunity to play a variety of different sports.
- ✚ Develop physical competence and help to promote physical development.
- ✚ Teach pupils through experience to know about the value and benefit of participation in physical activity whilst at school and throughout life;
- ✚ Develop an appreciation of skilful and creative performances across the areas of activity;
- ✚ Establish and build self-esteem through the development of physical confidence;
- ✚ Develop inter-personal skills;
- ✚ Contribute to learning in other areas and aspects of the curriculum through cross-curricular dimensions.
- ✚ Provide an opportunity to gain a recognised qualification.
- ✚ Develop a knowledge and understanding with working as a team, leading teams and have the opportunity to give/receive peer assessment

Teaching and learning style

There are a variety of teaching and learning styles in PE lessons. Our principal aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole-class teaching and individual/group activities.

PE Curriculum planning

PE is a foundation subject in the National Curriculum. The SOW has been developed to suit the needs of the pupils of Woolton High School.

The long-term plan maps out the PE activities covered in each term during the key stage.

We plan the PE activities so that they build upon the prior learning of the children. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is planned progression built into the scheme of work, so that the children are increasingly challenged as they move up through the school.

At Key stage 3

In Yr7, 8 and 9 Pupils are base line assessed at the beginning of the year, they are then set a target grade to aim and achieve by the end of the academic year. Pupils are assessed using formative and summative assessment at the end of the sport which is approx. three weeks.

At Key stage 4:

Pupils are given the opportunity to complete a Cambridge National Certificate in Sports Science. This qualification is run through OCR and is equivalent to GCSE level work.

The Qualification is broken down into 4 units, 3 of which are internally verified, and one is externally verified through an exam. These units are assessed through various way alongside recommendations from OCR. (Information is available through the OCR website.)

Physical Education at Woolton High School will also adhere to the schools policies for inclusion and equality of opportunities for all pupils. Teaching and learning in the subject will always promote equality of opportunity, regardless of race, ability or beliefs with a fundamental goal of providing access to learning for every pupil, regardless of individual background or needs.

Contribution of PE to teaching in other curriculum areas

English

PE contributes to the teaching of English in our school by encouraging children to describe what they have done and to discuss how they might improve their performance.(speaking and listening) spelling key terms.

Personal, social and health education (PSHE) and citizenship:

PE contributes to the teaching of personal, social and health education and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things.

Spiritual, moral, social and cultural development.

The teaching of PE offers opportunities to support the social development of our children through the way we expect them to work with each other in lessons. Groupings allow children to work together and give them the chance to discuss their ideas and performance. Their work in general enables them to develop a respect for other children's levels of ability and encourages them to co-operate across a range of activities and experiences. Children learn to respect and work with each other, and develop a better understanding of themselves and of each other.

PE are aiming to use the culture of sports around the world to introduce our pupils to sports that our country may not been associated with. This gives pupils the opportunity to experience new things and new sports.

Assessment and recording

Children's work in PE is assessed by observing them working during lessons. Pupil's progress is monitored through the stages of learning on a lesson by lesson basis. Stages of learning also enable the pupils to be able to self-assess and naturally inform them of how to progress onto the next stage of learning.

Resources

There is a wide range of resources to support the teaching of PE across the school. The new facilities (sports hall, MUGA, pitch, fitness suite and grass area) enable pupils to participate in a wide range of sports throughout the academic year. All PE equipment is accessible to the pupils under adult supervision.

Health and safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for PE into the agreed clothing for each activity area. The governing body expects the teacher to set a good example by wearing appropriate clothing when teaching PE. The policy of the governing body is that no jewellery is to be worn for any physical activity.

Risk assessments are completed for PE and a Health and safety policy is in place.

Conclusion

The effectiveness of this policy will be measured in terms of each pupil in school receiving a broad and balanced PE curriculum that encourages the personal and physical development of each pupil through the experience of a variety of physical activities. Access to accreditation in the subject will also be an indicator of the policy's effectiveness.

This policy was ratified on 7th October 2019, for review in September 2020.