



The Thrive Approach

“The curriculum provided by schools should extend beyond academic, technical or vocational. Schools support pupils to develop in many diverse aspects of life.” (OFSTED 2019)

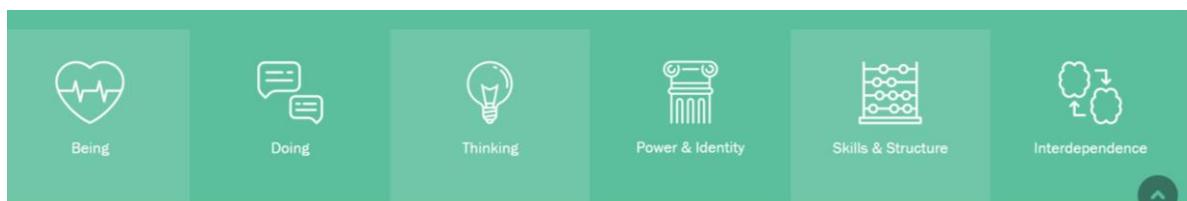
One of the ways in which we deliver this in Woolton High School is using The Thrive Approach.

What does it take to develop healthy, happy, confident children who are ready and open to learning? Recent advances in neuroscience, attachment theory and child development have provided some of the answers to this question.

The Thrive Approach draws on insights from these fields to provide a powerful way of working with children and young people that supports optimal social and emotional development. In addition, the Approach can equip you to work in a targeted way with children and young people who may have struggled with difficult life events to help them re-engage with life and learning.

In the Thrive Approach we use a developmental model to help us understand how we develop socially and emotionally from birth through to adulthood. This model gives us a framework for understanding what healthy child development looks like in terms of behaviour and learning and clarifies what the role of adults should be in facilitating a child’s development at each of the different stages. In addition, the model gives us a lens through which to look at and interpret children’s behaviour, enabling us to identify the particular developmental needs being signalled by their behaviour and to choose appropriate, targeted interventions designed to meet those needs.

The strands of learning in The Thrive Approach are:



How is it integrated into our curriculum?

We have a Thrive Room, which has chill out and relaxation areas and focusses on sensory needs of our pupils. All year groups have timetabled Thrive lessons and we also use an intervention system where we focus on one to one sessions, with the aim to improve pupils individual needs and emotional development.

For more information please visit <https://www.thriveapproach.com/>